



Hello, class!

Once you are all settled, please take out your pens, pencils, crayons, markers, colored pencils, and, especially, your thinking caps!

The activities in this kit are all about doing kind things for others. Can you think of something kind you did for someone today?

The important thing to remember is that random acts of kindness should be done all the time! Not just in class.

So be kind, good luck, and have fun!

— Mrs. Ruler



KINDNESS IS COOLER, Mrs. Ruler

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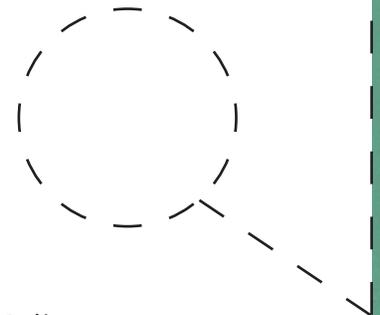
Random Acts of ARTS AND CRAFTS!

Acts of kindness should not be kept secret.

Now is your chance to spread the word to be kind to others! Come up with creative and catchy ways to tell your school about performing random acts of kindness! Promote your ideas by coming up with catchy slogans, drawing pictures to illustrate an act of kindness, or giving your fellow students ideas for what they can do to be kind! Use the door hanger template below or be extra creative and design posters, bookmarks, fliers, and other visual aids to spread kindness around your school!

Here are some ideas to get you started:

- "Pick up your trash!"
 - "Invite a new friend to lunch!"
 - "Tell someone what you like about him or her!"
 - "Sharing is caring!"
 - "Clean up and straighten up!"
- (There are many more acts of kindness in my book!)



Instructions for door hanger: Cut along dotted lines and trace onto heavy-weight paper. Use slogans and drawings to decorate your door hanger with kindness themes.



CHARITY

Fund-raiser Worksheet



This activity will serve as a guide for you and your students to follow to hold a bake sale fund-raiser!

Post a piece of poster paper on the chalkboard or wall and discuss with your class the steps you will need to take to hold your fundraiser. Outlined below are seven steps that will guide you along the process:

1. Define your cause. The very first task you must do is to decide to what cause you would like the money you raise to support. Contact the organization and let them know what your class is doing. Write the organization, contact person, and contact number below:

 Organization

 Contact Person

 Contact Number

2. Set a goal. Now you must decide how much money you would like to raise. Make sure your goal is attainable with the goods you will be selling. You may even set a goal to raise money during the entire year and hold other fund-raisers to reach it!

\$ _____ . _____

3. When and where? The best time will be during lunch or after school, and the best locations will be by the cafeteria or the front door of the school. Write down your time, date and location on the corresponding lines below:

 Date Time Location

4. What you will be selling? Make sure students bring a variety of baked goods for all tastes. Have some students work together to make something or have everyone bring a small amount of one thing. Indicate these items below:

5. Advertise! Have students make posters indicating the date, time, and place of the event. Print several copies or have the students make two each so you can post them around the school. Use the following items to promote your fund-raiser:

- Send letter to parents
- Create posters to post around school
- Make announcement over intercom
- Place ad in school or community paper/newsletter

6. Decorate! Make sure your table is nicely decorated and your goodies are well presented. Visit your local craft or party store to get everything you need (at a low price!) to make your bake sale stand out! What you will need:

- Tablecloth
- Serving trays
- Beverages & cups (optional)
- Napkins
- Utensils
- Shoebox to hold money raised
- Balloons
- Confetti
- Table / Chairs

7. Donate! Once you have gathered your earnings from the event, work with the students and put together a letter and/or poster describing your bake sale. Take some pictures during the sale to show the organization how successful you were! Keep in touch with your contact, so your students will know about the difference they have made!

R.A.K. police

STOP!

In the name
of kindness!

Here is your assignment:

Be on the lookout for the Super Kind Bandits! Physical descriptions of suspects have not been specified. Bandits are expected to be unarmed and extremely nice.

Proceed with caution.

When you catch a possible suspect, write down their name, location of incident, and kind act in the following form. Bring ANY information to your superior by the end of the day to ensure a proper award for kindness. *

Good luck.



The Super Kind Bandits:

Description of Incident:

Suspect Name

Location

* For facilitator: Collect suspect forms throughout the day or week. The object is to get all the students to perform random acts of kindness and recognize the acts that others do. Reward your class at the end of each day to commend them for their superior kindness.